

## **EXAME DE ACESSO ESPECÍFICO**

**Prova de Inglês**

**15 de junho de 2022**

## **INSTRUÇÕES**

### **LEIA COM TODA A ATENÇÃO**

- O tempo de duração desta prova é de **120+30 minutos** (2 horas e trinta minutos).
- Os telemóveis deverão ser desligados durante toda a prova e os objetos pessoais deixados em local próprio da sala de exame.
- O estudante deverá responder à prova na folha de ponto e preencher o cabeçalho e todos os espaços reservados à sua identificação com letra legível.
- Verifique no momento da entrega da(s) folha(s) de ponto se todas as páginas estão rubricadas pelo vigilante. Caso necessite de mais do que uma folha de ponto, deverá numerá-las no canto superior direito.
- Em hipótese alguma serão aceites folhas de ponto dobradas ou danificadas.
- Exclui-se, para efeitos de classificação, toda e qualquer resposta apresentada em folhas de rascunho.
- Todas as questões da prova devem ser respondidas na folha de ponto.

### **A PROVA**

- Esta prova é constituída por **4** páginas com três secções (I, II e III) e termina com o termo **FIM/THE END**. Verifique o seu exemplar e, caso encontre alguma anomalia, dirija-se ao professor vigilante nos primeiros 15 minutos da mesma, pois qualquer reclamação sobre defeito(s) de formatação e/ou de impressão que dificultem a leitura não será aceite depois deste período.
- Utilize unicamente tinta azul ou preta.
- Seja claro nas suas respostas e escreva com letra legível. As suas respostas devem demonstrar que compreendeu as perguntas e que a sua expressão escrita possui qualidade necessária para a frequência de um curso do 1.º ciclo de estudos do Ensino Superior.
- Esta prova tem a cotação de 200 pontos (20 valores).

## **I. Reading Comprehension and Vocabulary.**

**Read the text and then write your answers on the separate test sheet.**

### **Assessing the Whole Person**

Emotional intelligence is your ability to recognise and understand emotions in yourself and others, and your ability to use this awareness to manage your behaviour and relationships. Emotional intelligence is the “something” in each of us that is a bit intangible. It affects how we manage behaviour, navigate social complexities, and make personal decisions that achieve positive results.

Emotional intelligence explores a fundamental element of human behaviour that is distinct from your intellect. There is no known connection between IQ (Intelligence Quotient) and EQ (Emotional Quotient); you simply can't predict EQ based on how smart someone is. Cognitive intelligence, or IQ, is not flexible. Your IQ, short of a traumatic event such as brain injury, is fixed from birth. You don't get smarter by learning new facts or information. Intelligence is your ability to learn, and it's the same at age 15 as it is at age 50. On the other hand, EQ is a flexible skill that can be learned. While it is true that some people are naturally more emotionally intelligent than others, a high EQ can be developed even if you aren't born with it.

Personality is the final piece of the puzzle. It's the stable “style” that defines each of us. Your personality is a result of your preferences, such as your inclination to introversion or extroversion. However, like IQ, personality can't be used to predict emotional intelligence. Also like IQ, personality is stable over a lifetime. Personality traits appear early in life, and they don't go away. People often assume that certain traits (for example, extroversion) are associated with higher EQ, but those who prefer to be with other people are no more emotionally intelligent than people who prefer to be alone. You can use personality to assist in developing your EQ, but the latter isn't dependent on the former. EQ is a flexible skill, while personality does not change.

IQ, EQ, and personality assessed together are the best way to get a picture of the whole person. When you measure all three in a single individual, they don't overlap much. Instead, each covers a unique ground that helps to explain what makes a person tick.

How much of an impact does EQ have on your success? The short answer is: a lot! It is a powerful way to focus your energy in one direction with a tremendous result. Therefore, in order to be successful and fulfilled nowadays, you must learn to maximise your EQ skills.

*Emotional Intelligence 2.0* (adapted)

**A. Match the following words/phrases with their meanings (2 marks).**

- |                 |                                      |
|-----------------|--------------------------------------|
| 1. assess       | a. consciousness; alertness          |
| 2. whole        | b. proportion; amount                |
| 3. awareness    | c. qualities; characteristics        |
| 4. intangible   | d. shyness; introspection            |
| 5. quotient     | e. final; last                       |
| 6. introversion | f. outgoingness; sociability         |
| 7. extroversion | g. extend over so as to cover partly |
| 8. traits       | h. evaluate; measure; judge          |
| 9. latter       | i. immaterial; abstract              |
| 10. overlap     | j. entire; complete; full            |

**B. Decide whether the following sentences are true (T) or false (F) (4 marks).**

1. Emotional intelligence is the ability to control one's emotions.
2. Every factor of our daily lives is influenced by emotional intelligence.
3. Our Emotional Quotient is connected to how smart or intelligent we are.
4. People are born with a certain level of EQ and that cannot change over time.
5. Personality is the unchanging style that results from a person's preferences.
6. Extrovert people are more emotionally intelligent than introvert people.
7. Personality can be used to develop a person's EQ.
8. We cannot understand a person as a whole without considering personality traits.
9. EQ allows you to focus your energy on multiple directions with great results.
10. Emotional intelligence skills are essential to achieve success and fulfilment.

**C. Match the following phrases with the correct element (2 marks).**

- |                               |   |
|-------------------------------|---|
|                               | a. focuses on how to use one's energy to succeed  |
| 1. IQ (Intelligence Quotient) | b. traits that appear early in life; not flexible |
| 2. EQ (Emotional Quotient)    | c. can be developed over time                     |
| 3. Personality                | d. helps manage socially challenging situations   |
|                               | e. cognitive intelligence; not flexible           |

## II. Grammar and use of English.

### A. Complete the sentences. Use the correct form of the verbs in brackets (3 marks).

1. When I saw Anne yesterday, her eyes \_\_\_\_\_ (be) red. I think she \_\_\_\_\_ (cry).
2. It's already 10.30 p.m. and I \_\_\_\_\_ (wait) here for more than an hour. If the bus \_\_\_\_\_ (arrive) in the next ten minutes, I'm calling a taxi.
3. Before Margaret was hired, she \_\_\_\_\_ (look for) a job for months.
4. He \_\_\_\_\_ (study) English for two years before he finally \_\_\_\_\_ (go) to Australia last week.
5. John \_\_\_\_\_ (read) *Emotional Intelligence 2.0* all morning and he \_\_\_\_\_ (finish) yet.
5. If Peter \_\_\_\_\_ (show) his emotional intelligence skills in the interview, he wouldn't have been offered the job.

### B. Each of the following sentences has one mistake. Find it and correct it [3 marks].

1. How many languages does Sarah speaks?
2. Margaret has 47 years old, but she looks younger.
3. A: "I won the lottery!" B: "Really? You can't to be serious!"
4. Elizabeth likes running at Sundays. It's her favourite day of the week.
5. In the 1980's, people had bizarre haircuts.
6. She doesn't arrive late usually.
7. The sofa looks great with it's new cover.
8. A: "What are those photos?" B: "Their my parents' wedding photos."
9. You would pass the exam if you study hard.
10. I listen to my collection of classical music CD's whenever I can. It's very relaxing.

## III. Writing [6 marks].

Imagine you are talking to a friend about your goals, including your wish to start a university degree soon. Tell her/him how emotional intelligence can help you succeed **(200 WORDS)**.

**THE END**