



inclusive memory
INCLUSIVE MUSEUMS FOR WELL-BEING AND HEALTH
THROUGH THE CREATION OF A NEW SHARED MEMORY

Inclusive Museums for Health and Wellbeing Promotion

Pilot Course

Objectives



Promote an innovative strategy for social inclusion, derived from the creation of a new teaching methodology, the use of digital tools and based on the development of transverse competences in both university teachers, students museum users, thus promoting well-being, health and social inclusion.

Create a new social inclusion system (especially for protected characteristics groups) based on the link Art-Health-Wellbeing, which can prove to be a best practice from which Health and social care institutions, cultural organizations and educational institutions from all over Europe will be able to draw inspiration;

Design innovative educational paths in the context of museums to promote social inclusion and develop transverse skills for future museums professionals, social care givers, school teacher sand healthcare personnel based on the link Art-Health- Wellbeing.

Workload

The course starts from the 5th of February 2024, with student's workload of 25 hours (1 ECTS) divided into 5 sections:

- Unit 1. Introduction to the Course and Definition of Basic Concepts on Inclusion and Wellbeing (3 hours).
- Unit 2. Understanding the Basis of Human Well-Being applied to Positive Education and Art-health Experience (4 hours).
- Unit 3. Museum Education for Well-being and Inclusion (5 hours).
- Unit 4. Best practices at Museum for Inclusion and Wellbeing based on the Use of Technology (5 hours).
- Unit 5. Plan an Inclusive Museum Experience for Well-being Promotion (8 hours)

All units have practical activities





To begin the course

Let's start, log-in and enroll:



<https://hydor.lsi.uned.es/OnlineCourses>

Self-enrollment code: InclusiveMemory

An illustration of a person wearing headphones and sitting at a desk with a computer. Above the person are several icons: a gear, a frog, and a calendar. To the right of the illustration is a list of course features, each with a colored icon and a label.

- videos
- documents
- forum
- self assessment
- practical activity



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